

HAIR MAINTENANCE 101

1. Washing Your Hair

It is important to wash both your weave and your natural hair after every 7-14 days. Wet your hair with lukewarm water and make sure to use a sulfate-free shampoo. Carefully rub the shampoo between the braids and massage it onto your scalp. Rinse and repeat. Do not vigorously scrub your hair as that can tangle the weave.

2. Combing and Detangling

The right combing technique is crucial when you're brushing out your hair. Don't rip the comb through the weave as it will pull on the extensions and yank them out. That can cause major damage to your real hair. Always start detangling from bottom up, and preferably while the hair is wet.

3. Applying heat

Less heat the better! Just like your natural hair heat damage can happen and does happen often. Try to let your hair air dry if possible. When straightening / flat ironing your hair use medium heat and section your hair off. Too much oil applied to your hair. In this process it will seem to "dry".

4. Sleeping with Your Weave

Avoiding friction when you have weave extensions is paramount. Keep your extensions looking on-the-go fabulous and brand new at all times by wrapping them in a silk scarf or a satin pillowcase before you go to bed. Satin and silk help avoid friction and rubbing against your hair which can lead to hair fall.

5. Avoiding Shedding and Lace Damage

Treat extensions with care to minimize shedding. Just like natural hair, the constant pulling and rubbing of outside factors can cause hair to shed.

Be sure to wrap straight hair at night, braid curlier textures or cover your install with a bonnet to prevent shedding. Using a wide tooth comb for starters is better so it will not tug at the hair as much.

For lace maintenance try not to comb the lace hard with a comb! The comb can tear the lace and bald it as gently as possible.